NSSED HEALTH GUIDELINES

NSSED takes pride in the close individual attention our students receive in all areas of their school day. Each program requires a team effort if this is to be effective. To provide a healthy school environment for all children and staff, the following guidelines have been prepared to assist you in decisions relating to your child’s health and school attendance. If your child is not feeling well and you are uncertain about sending him/her on any given school day, it is best to keep him home and observe him for further symptoms. You, as the parent, are the best observer.

When you make the decision to keep your child home, please notify the classroom teacher that your child will be absent and the nature of the illness (temperature, sore throat, runny nose, etc.).

**Colds:** Student needs to remain at home if he/she has an excessive runny nose, colored nasal discharge, excessive coughing, elevated temperature, or is too uncomfortable to function in the classroom setting.*

**Chicken Pox:** Student may return to school 7 days after rash appears; all blisters must be crusted.

**Vomiting & Diarrhea:** If a student has a liquid stool 2 times in a day, he/she needs to remain at home until diarrhea subsides for 24 hours and no other signs of illness exist.

**Ear Infections:** Student needs to be observed at home if he/she is irritable or has appetite loss. These can be symptoms of ear infection for which assessment/diagnosis should be made.

**Eye Infections:** Inflammation or watery eyes require assessment to rule out conjunctivitis (pink eye) or possible eye injury. Eyes need to be free from drainage before returning to school.

**Injuries & Surgeries:** Parents need to contact the nurse when a child has surgery scheduled or has treatment.

An authorization to return to the educational program will need to be completed and signed by your physician.

Nurse will assess injury, administer first aid, and notify parent by phone or note as to the type and status of the injury.

**Lice:** Student will need to be treated at home and may return to school after treatment. (We follow district of attendance policy).

**Rashes:** Student is to remain at home with any undiagnosed skin eruption/rash or present a doctor’s note stating rash is not contagious.

**Strep Throat:** Student needs to have received antibiotics for 48 hours before returning to the classroom if there is a positive throat culture.

**Fever:** Student needs to be free of an elevated temperature without the use of medication for at least 24 hours before returning to school.

*Some students may experience a runny nose and/or mucous secretions as a result of a chronic condition. The NSSED nurses will provide the site nurses with the above information and assist them in decision-making, if necessary, regarding attendance.

If you have any questions concerning these guidelines, please call at 847-831-5100, x2239

Sincerely,
Ingrid Thompson, RN, BSN, PEL-CSN
Coordinator of Health Services