College is a difficult transition for any student. It is clear that navigating a new environment, while attempting to excel academically, can prove very challenging for many students. Students with Aspergers and High Functioning Autism need to learn and practice strategies prior to college to insure success in the post-secondary environment. College is not high school! Be prepared so you have what it takes to excel.

Categories to consider:

- **Academic Support**
  1. Know and understand your disability.
  2. Be a self-advocate.
  3. Understand your accommodations; know what you need to succeed!
  4. Locate the disability services office prior to beginning classes.
  5. Send your psychological reports and other necessary documentation to colleges to insure you receive the services you need.
  6. Develop a time management plan.
  7. Find a quiet place to study.
  8. Learn and Practice how to ask questions. Be willing to seek help when needed.
  9. Understand and access financial assistance.
  10. Consider taking a lighter class load in the beginning, to ease the transition to college.

- **Social/Emotional Needs**
  1. Find out where the college counseling office is located.
  2. Develop a support network and seek guidance from teachers, therapists, parents, etc.
  3. Practice eye contact.
  4. Develop a list of professional resources.
  5. Be a self-advocate!

- **Independent Living**
  1. Manage your medications.
  2. Practice living away from home by going to camp, doing a college visit, etc.
  3. Consider transitioning first to a Community College.
  4. Request a single room.

- **Recreation**
  1. Join a social activity or a club.
  2. Practice social skills.
  3. Connect with other students with Aspergers on college campuses.
Questions to Ask During the College Search

1. Is there a separate admissions process for students with disabilities?
2. What documentation is required?
3. Describe the range of accommodations available to students with disabilities.
4. Are accommodation determinations based on high school IEP recommendations?
5. Is there a separate fee for enhanced Autism/Aspergers services?
6. What is the training of the people who offer the services?
7. How many Autistic/Aspergers students do you serve?
8. How many learning specialists are there who give direct service to students?
9. What is your retention rate for freshmen? For freshmen with disabilities?
10. What is your graduation rate for all students? For students with disabilities?
11. Do you ever offer waivers or substitutions? Under what circumstances?
12. How are testing accommodations handled?
13. What services do you offer specific to students with Aspergers?
14. How do students access tutoring services?
15. Is there a fee for tutoring?
16. Do you offer study skills and/or learning strategies courses? Are they offered for credit?
17. What is the climate on your campus for students with disabilities?
18. How long have these support programs or services been available?
19. Are support services or the program funded through the college or through government grants?
20. What social supports exist on campus?
21. What mental health resources do you have on campus?
Support Sites for Students with Autism


BBB Autism Resources http://www.bbbautism.com/

Autism Awareness Centre http://www.autismawarenesscentre.org/

Autism Link http://www.autismlink.com/

Autism Society http://www.autism-society.org

Autism Speaks http://www.autismspeaks.org/

Autism Conferences http://www.autismconferences.com/

Camps for Students http://old.nichcy.org/pubs/genresc/camps.htm

Ask an Aspie http://oddsandfriends.typepad.com/askanaspie/

Aspergers Meetup http://aspergers.meetup.com

Aspergers Foundation International http://www.aspfi.org/college/
College Programs for Students with Aspergers

College Internship Program - http://www berkshirecenter.org/
Marshall University - http://www.marshall.edu/coe/atc/modelcollege.htm
College Living Experience – http://www.cleinc.net
Augsburg College - http://www.augsburg.edu/classprogram/prospective.html
University of Arizona – http://www.salt.arizona.edu/
Georgia State University - http://www2.gsu.edu/~wwods/index.htm

Programs listed by Aspergers Foundation International:

**Four-Year Colleges and Universities***

Arizona
- Arizona State University
- University of Arizona
Arkansas
- Harding University

California
- California State Polytechnic University, San Luis Obispo
- California State University, San Bernardino
- San Francisco State University
- Santa Clara University
- University of San Francisco

Connecticut
- Trinity College

Florida
- University of Central Florida
- Florida Atlantic University

Georgia
- Brenau University
- Georgia State University
- Reinhardt College

Illinois
- University of Illinois at Urbana-Champaign
- Southern Illinois University - Carbondale
- Southern Illinois University - Edwardsville

Indiana
Anderson University
Iowa
Iowa State University
Loras College
St. Ambrose University
University of Iowa
Massachusetts
Boston College
Michigan
Finlandia University
University of Michigan
Minnesota
Augsburg College
Missouri
Westminster College
Montana
Montana State University - Billings
Montana State University - Bozeman
Nebraska
Union College
New York
Bryant-Stratton College
Iona College
New York University
Rochester Institute of Technology
St Bonaventure University
St. Lawrence University
State University of New York - Delhi
North Carolina
Appalachian State University
Brevard College
Ohio
Wright State University
Pennsylvania
College Misericordia
Dickinson College
East Stroudsburg University
Mercyhurst College
Penn State Mont Alto
Rhode Island
Johnson and Wales University
South Carolina
Limestone College
Tennessee
Middle Tennessee State University
University of Tennessee at Knoxville
Texas
Abilene Christian University
Southern Methodist University
University of Houston
Vermont
New England Culinary Institute
Norwich University
Virginia
Old Dominion University
West Virginia
West Virginia Wesleyan College
Wisconsin
University of Wisconsin - Oshkosh

Two Year Colleges
Alaska
University of Alaska Southeast - Ketchikan Campus
Arizona
Phoenix College
Pima Community College
California
Allan Hancock College
Contra Costa Community College
Glendale Community College
Mesa College
Saddleback College
Colorado
Front Range Community College
Pikes Peak Community College
Connecticut
Middlesex Community College
Florida
Hillsborough Community College
Okaloosa-Walton College
Hawaii
Hawaii Community College
Illinois
Harper College
Lewis and Clark Community College
Indiana
Ivy Tech Community College
Iowa
Des Moines Area Community College
Muscateine Community College
Massachusetts
Mount Wachusett Community College
Michigan
Kellogg Community College
Schoolcraft College
Southwestern Michigan College
Missouri
Ranken Technical College
Minnesota
Alexandria Technical College
Nevada
Truckee Meadows Community College
New Hampshire

New Hampshire Community Technical College at Nashua

New York

Sullivan County Community College

North Carolina

Mayland Community College

North Dakota

North Dakota State College of Science

Williston State College

Pennsylvania

Bucks County Community College

Johnson College

Texas

Austin Community College

Blinn College

Kingwood Community College

St Philip's College

Tarrant County College

Vermont

Landmark College

Virginia

Virginia Western Community College

Washington

Green River College

Wenatchee Valley College

Wisconsin

University of Wisconsin College

Wyoming

Laramie County Community College

Specialized Independent Living Programs

Allen Institute - Center for Innovative Learning

Connecticut

College Internship Program

Massachusetts, Florida, and Indiana

College Living Experience

Florida, Colorado, and Texas

The Horizons School

Alabama

New York Institute of Technology - Vocational Independence Program

New York

Threshold Program at Lesley University

Massachusetts